**progress at work?**

Pension Roadshow! **50+ Ready for Change**

**Will your pension be enough? We are hosting ‘Understanding your Pension’ sessions in Cumbria!**

**This course is designed to help people explore and understand what a state pension is. During the course, learners will have the opportunity to use the Pension Calculator and examine how much you will need for retirement.**

**Understand the state pension age and amount**

**Know the different types of state pension**

**Understand who is entitled to the state pension**

**Identify the benefits of working age 50plus**

**All sessions 10.30am – 12pm**

**Dates and locations:**

**Monday 4th Nov: Carlisle Civic Centre  
  
Tuesday 5th Nov: Kendal Cancer Care   
  
Wednesday 6th Nov: Barrow Library  
  
Friday 8th Nov: Workington Library**

Insert date

time

location



**To book a place, please phone:  
Carlisle: 01228 227304  
Kendal: 01539 713257  
Barrow: 01229 407630  
Workington: 01900 706023**

**adultlearning.cumbria.gov.uk**   
